

Horizon's Transformative Primary Care Model

Over the next five years, New Brunswickers will see a transformative change in the way primary health care is delivered. **By 2029, Family Health Teams will be established throughout the province and all New Brunswickers in areas served by Horizon will be matched with a Family Health Team.**

Horizon Health Network has launched a primary care strategy to introduce collaborative Family Health Teams, enhancing the delivery of care and improving access for New Brunswickers.

Instead of being matched with a single provider, New Brunswickers will eventually be matched to a Family Health Team in their community, ensuring they can access the **right health care from the right practitioner, at the right time.**

Within a Family Health Team, care is centred around the patient. This neighbourhood-based model addresses the unique needs of a population and provides health care practitioners with the support they need.

The goal of a Family Health Team is to provide primary care services to patients within five days, either virtually or in person.

Ultimately, this model will ensure all New Brunswickers have equal access to high-quality care, no matter where they live within the province.



What is a Family Health Team?

A Family Health Team includes a range of health care practitioners who bring different competencies, skills and experiences to address the diverse needs of the patients they serve. Each team includes different staff based on the size and health needs of their community.

The team may include the following roles and more:



This model reduces the administrative burden for providers, enables greater collaboration and improves work-life balance, leading to improved retention and recruitment of health care practitioners.

Horizon is working closely with primary care providers nearing retirement age to help them transition their current patients to a Family Health Team. This will ensure patients continue to have access to care and the NB Health Link patient registry does not continue to grow.

We are building and strengthening Family Health Teams in all of the regions we serve.

Learn more at: horizonnb.ca/primary-care